

vorläufiger Zeitplan 28. Schülersportfest der LG Remscheid am 03. Oktober 2021

Stand: 30.06.2021

| Uhrzeit | mU12 | | wU12 | | mU14 | | wU14 | | mU16 | wU16 | M/F | Uhrzeit |
|---------|----------|--------|----------|--------|----------------|----------------|----------|----------------|----------------|----------------|----------|---------|
| | M10 | M11 | W10 | W11 | M12 | M13 | W12 | W13 | M14/15 | W14/15 | | |
| 10:00 | | | | | Kugel | Hoch AH: 1,15m | | | | 100 m | | 10:00 |
| 10:05 | | | | | | | | | 100 m | | | 10:05 |
| 10:15 | | | | | | | | | Weit 2 | Weit 1 | 100 m | 10:15 |
| 10:30 | 50m Hü | | | | | | | | | | | 10:30 |
| 10:35 | | 50m Hü | | | | | | | | | | 10:35 |
| 10:45 | | | 50m Hü | | | | | | | | | 10:45 |
| 10:55 | | | | 50m Hü | | | | | | | | 10:55 |
| 11:00 | | | | | | | | | Kugel | Speer | | 11:00 |
| 11:15 | Weit 1 | Weit 2 | Ball 1 | Ball 2 | 60m Hü | | | | | | | 11:15 |
| 11:20 | | | | | | 60m Hü | | | | | | 11:20 |
| 11:25 | | | | | | | 60m Hü | | | | | 11:25 |
| 11:35 | | | | | | | | 60m Hü | | | | 11:35 |
| 11:45 | | | | | Hoch AH: 1,10m | Kugel | | | | | | 11:45 |
| 11:50 | | | | | | | | | | 80m Hü | | 11:50 |
| 12:00 | | | | | | | | Speer | | | 200 m | 12:00 |
| 12:10 | 4 x 50 m | | | | | | | | | | | 12:10 |
| 12:15 | | | | | | | | Weit 1 + 2 | | | | 12:15 |
| 12:20 | | | 4 x 50 m | | | | | | | | | 12:20 |
| 12:30 | Ball 1 | Ball 2 | | | | | | | | Kugel | | 12:30 |
| 12:45 | | | | | | | | | 300 m | | | 12:45 |
| 12:55 | | | | | 4 x 75 m | | | | | | | 12:55 |
| 13:00 | | | | | | | 4 x 75 m | | | | | 13:00 |
| 13:15 | | | Weit 1 | Weit 2 | Speer | | | | | 300 m Hü | | 13:15 |
| 13:30 | | | | | | | | Hoch AH: 1,15m | | | 400 m Hü | 13:30 |
| 13:35 | | | | | | | | Kugel | | | | 13:35 |
| 13:45 | 50 m | | | | | | | | | | | 13:45 |
| 14:00 | | 50 m | | | | | | | | | | 14:00 |
| 14:15 | | | 50 m | | | | Speer | | | | | 14:15 |
| 14:30 | | | | 50 m | | | | Hoch AH:1,10m | Kugel | | | 14:30 |
| 14:50 | | | | | 75 m | | | | | | | 14:50 |
| 15:00 | | | | | | 75 m | | | | | | 15:00 |
| 15:15 | | | | | Weit 1 | | | | 75 m | Speer | | 15:15 |
| 15:20 | | | | | | Weit 2 | | | | | | 15:20 |
| 15:30 | | | | | | | | 75 m | | | | 15:30 |
| 16:00 | 800 m | | | | | | | | Hoch AH: 1,30m | Hoch AH: 1,30m | | 16:00 |
| 16:10 | | 800 m | | | | | | | | | | 16:10 |
| 16:15 | | | | | | | | Speer | Weit 1 + 2 | | | 16:15 |
| 16:20 | | | 800 m | | | | | | | | | 16:20 |
| 16:30 | | | | 800 m | | | | | | | | 16:30 |
| 16:45 | | | | | 800 m | | | | | | | 16:45 |
| 16:50 | | | | | | 800 m | | | | | | 16:50 |
| 16:55 | | | | | | | 800 m | | | | | 16:55 |
| 17:00 | | | | | | | | 800 m (8) | | | | 17:00 |
| 17:05 | | | | | | | | | 800 m | 800 m | | 17:05 |

Zeitplanänderungen nach Meldeschluss möglich !

Bitte beachtet, dass das Ballwerfen auf Kunstrasen stattfindet und somit dort keine Spikes erlaubt sind!